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Reduction in Total Ischemic Events in the Reduction of Cardiovascular Events with Icosapent Ethyl–Intervention Trial

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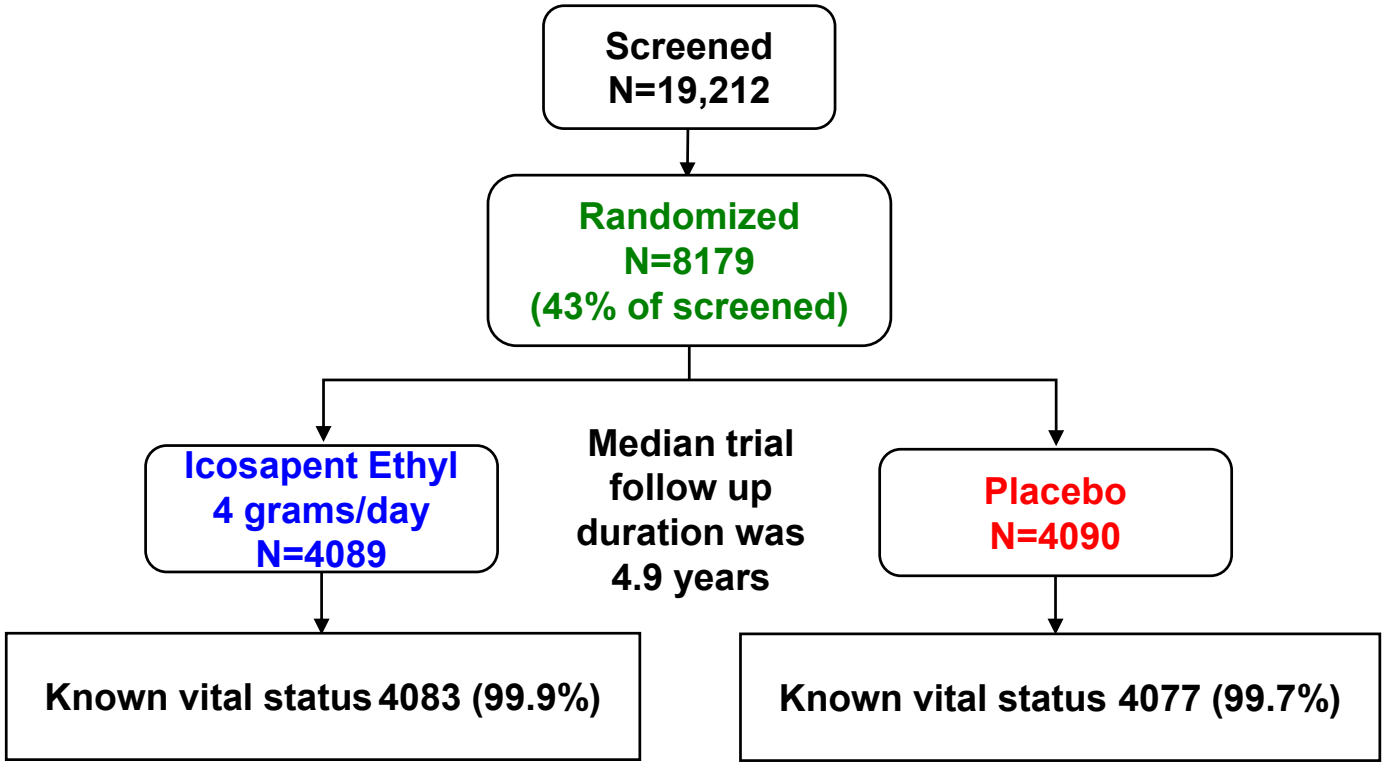
REDUCE-IT Design



1. Age ≥45 years with established CVD (Secondary Prevention Cohort) *or* ≥50 years with diabetes with ≥1 additional risk factor for CVD (Primary Prevention Cohort)
2. Fasting TG levels ≥135 mg/dL and <500 mg/dL
3. LDL-C >40 mg/dL and ≤100 mg/dL and on stable statin therapy (± ezetimibe) for ≥4 weeks prior to qualifying measurements for randomization

Primary Endpoint Events: CV death, nonfatal MI, nonfatal stroke, coronary revasc, hospitalization for unstable angina

Key Secondary Endpoint Events: CV death, nonfatal MI, nonfatal stroke

Double-blind study; Events adjudicated by CEC that was blinded to treatment during adjudication

Bhatt DL, Steg PG, Miller M, et al. *N Engl J Med*. 2019; 380:11-22.

Key Baseline Characteristics

	Icosapent Ethyl (N=4089)	Placebo (N=4090)
Age (years)	64	64
Female, %	28.4%	29.2%
CV Risk Category, %		
Secondary Prevention Cohort	70.7%	70.7%
Primary Prevention Cohort	29.3%	29.3%
Prior Atherosclerotic Coronary Artery Disease, %	58.4%	58.5%
Prior Atherosclerotic Cerebrovascular Disease, %	15.7%	16.2%
Prior Atherosclerotic Peripheral Artery Disease, %	9.5%	9.5%
LDL-C (mg/dL), Median (Q1-Q3)	74 (62 - 88)	76 (63 - 89)
Triglycerides (mg/dL), Median (Q1-Q3)	217 (177 - 272)	216 (176 - 274)
Triglyceride Category (by Tertiles)*		
≥81 to ≤190 mg/dL	median 163 mg/dL	
>190 to ≤250 mg/dL	median 217 mg/dL	
>250 to ≤1401 mg/dL	median 304 mg/dL	

*Baseline TG calculated as average of final screening TG and subsequent TG value from date of randomization.

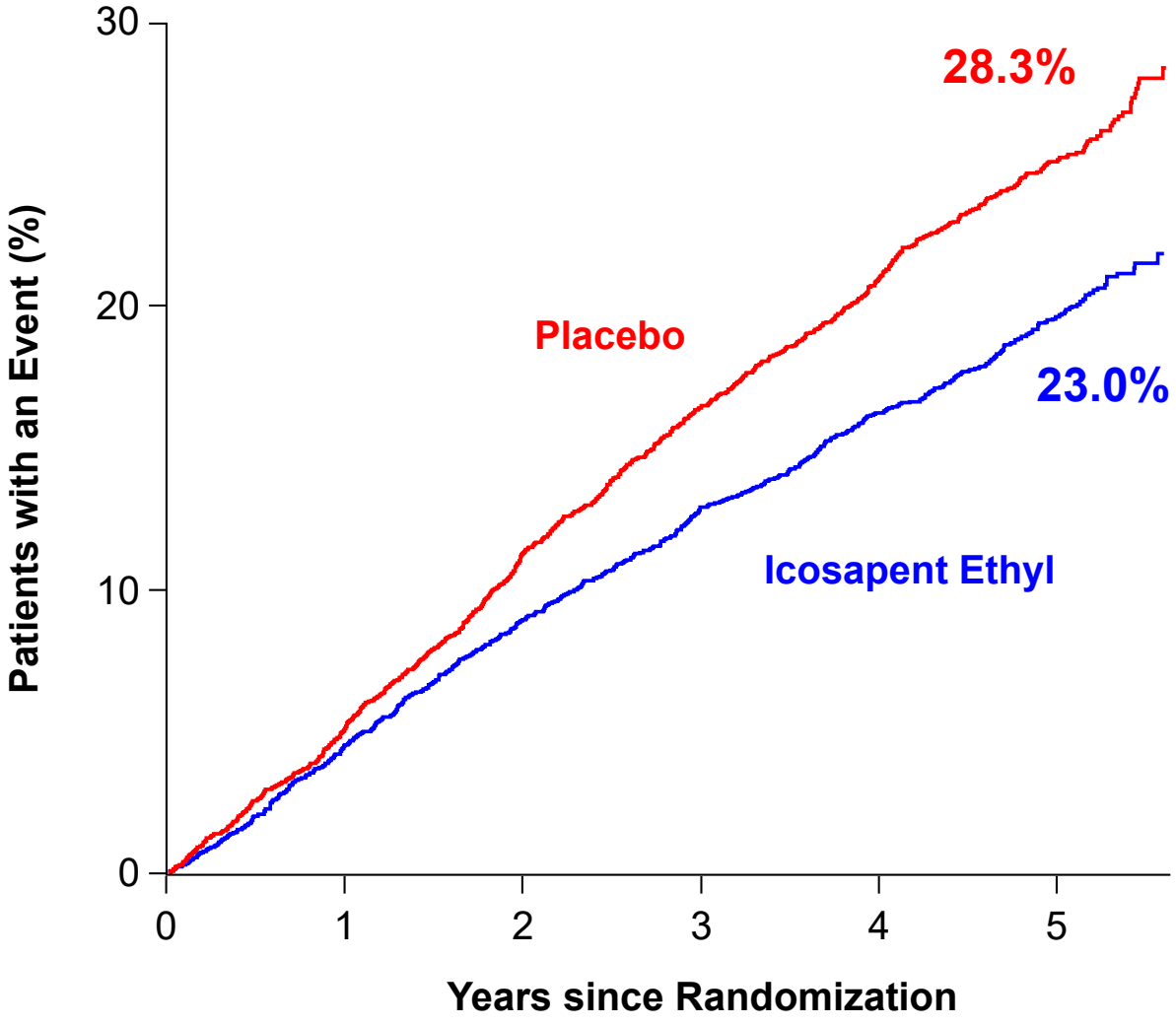
Bhatt DL, Steg PG, Miller M, et al. *J Am Coll Cardiol*. 2019. Bhatt DL. ACC 2019, New Orleans.

Key Medical Therapy

	Icosapent Ethyl (N=4089)	Placebo (N=4090)
Antiplatelet	3257 (79.7%)	3236 (79.1%)
One Antiplatelet	2416 (59.1%)	2408 (58.9%)
Two or More Antiplatelets	841 (20.6%)	828 (20.2%)
Anticoagulant	385 (9.4%)	390 (9.5%)
ACEi or ARB	3164 (77.4%)	3176 (77.7%)
Beta Blocker	2902 (71.0%)	2880 (70.4%)
Statin	4077 (99.7%)	4068 (99.5%)

Bhatt DL, Steg PG, Miller M, et al. *J Am Coll Cardiol*. 2019.

Primary End Point:
CV Death, MI, Stroke, Coronary Revasc, Unstable Angina



Hazard Ratio, 0.75
(95% CI, 0.68–0.83)

RRR = 24.8%

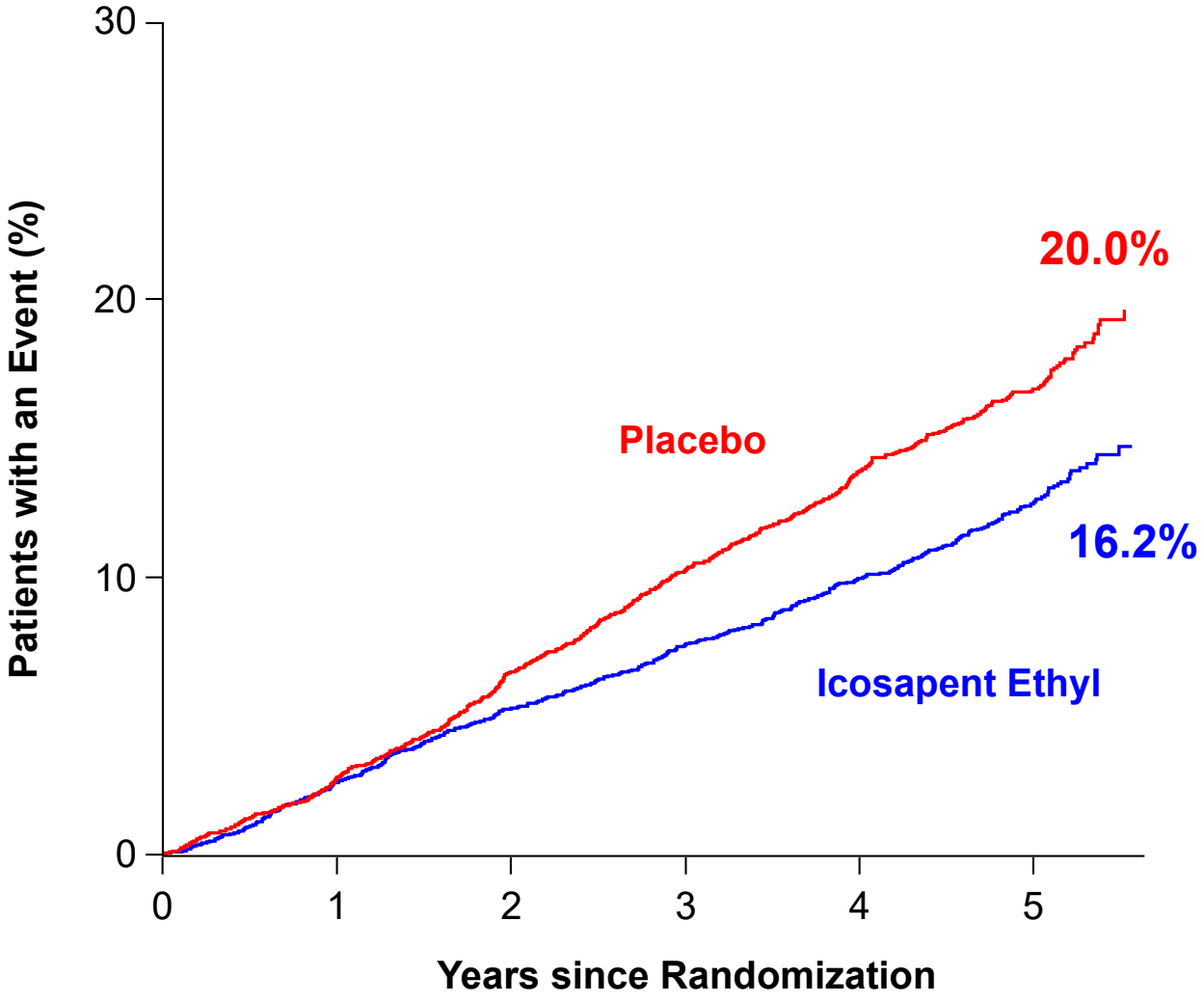
ARR = 4.8%

NNT = 21 (95% CI, 15–33)

P=0.00000001

Bhatt DL, Steg PG, Miller M, et al. *N Engl J Med*. 2019; 380:11-22. Bhatt DL. AHA 2018, Chicago.

Key Secondary End Point:
CV Death, MI, Stroke



Hazard Ratio, 0.74
(95% CI, 0.65–0.83)

RRR = 26.5%

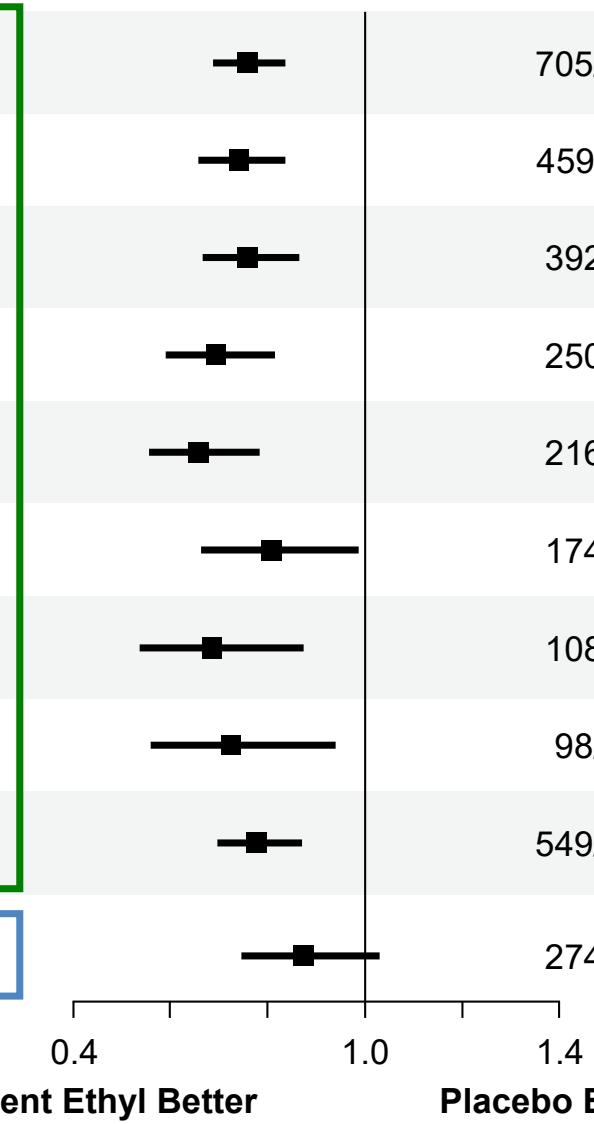
ARR = 3.6%

NNT = 28 (95% CI, 20–47)

P=0.0000006

Bhatt DL, Steg PG, Miller M, et al. *N Engl J Med*. 2019; 380:11-22. Bhatt DL. AHA 2018, Chicago.

Prespecified Hierarchical Testing

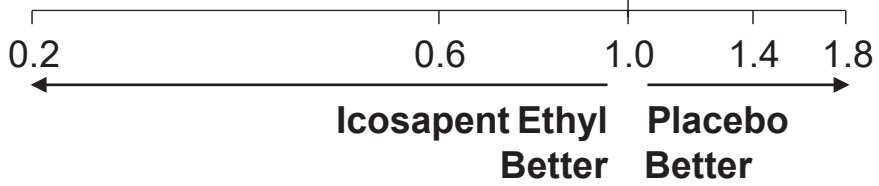


Endpoint	Icosapent Ethyl n/N (%)	Placebo n/N (%)	Hazard Ratio (95% CI)	RRR	P-value
Primary Composite (ITT)	705/4089 (17.2%)	901/4090 (22.0%)	0.75 (0.68–0.83)	25%▼	<0.001
Key Secondary Composite (ITT)	459/4089 (11.2%)	606/4090 (14.8%)	0.74 (0.65–0.83)	26%▼	<0.001
Cardiovascular Death or Nonfatal Myocardial Infarction	392/4089 (9.6%)	507/4090 (12.4%)	0.75 (0.66–0.86)	25%▼	<0.001
Fatal or Nonfatal Myocardial Infarction	250/4089 (6.1%)	355/4090 (8.7%)	0.69 (0.58–0.81)	31%▼	<0.001
Urgent or Emergent Revascularization	216/4089 (5.3%)	321/4090 (7.8%)	0.65 (0.55–0.78)	35%▼	<0.001
Cardiovascular Death	174/4089 (4.3%)	213/4090 (5.2%)	0.80 (0.66–0.98)	20%▼	0.03
Hospitalization for Unstable Angina	108/4089 (2.6%)	157/4090 (3.8%)	0.68 (0.53–0.87)	32%▼	0.002
Fatal or Nonfatal Stroke	98/4089 (2.4%)	134/4090 (3.3%)	0.72 (0.55–0.93)	28%▼	0.01
Total Mortality, Nonfatal Myocardial Infarction, or Nonfatal Stroke	549/4089 (13.4%)	690/4090 (16.9%)	0.77 (0.69–0.86)	23%▼	<0.001
Total Mortality	274/4089 (6.7%)	310/4090 (7.6%)	0.87 (0.74–1.02)	13%▼	0.09

Bhatt DL, Steg PG, Miller M, et al. *N Engl J Med*. 2019; 380:11-22. Bhatt DL. AHA 2018, Chicago.

Primary Composite Endpoint: Total Endpoint Events by Baseline TG Tertiles

TOTAL EVENTS – Primary Composite Endpoint/Subgroup	Icosapent Ethyl	Placebo	RR (95% CI)	P-value
	Rate per 1000 Patient Years	Rate per 1000 Patient Years		
Primary Composite Endpoint (ITT)	61.1	88.8	0.70 (0.62–0.78)	<0.0001
Baseline Triglycerides by Tertiles*				
≥81 to ≤190 mg/dL	56.4	74.5	0.74 (0.61–0.90)	0.0025
>190 to ≤250 mg/dL	63.2	86.8	0.77 (0.63–0.95)	0.0120
>250 to ≤1401 mg/dL	64.4	107.4	0.60 (0.50–0.73)	<0.0001



***P (interaction) = 0.17**

Bhatt DL. ACC 2019, New Orleans.

Limitations

The "Reduced Dataset" was *post hoc*

- Though the prespecified "Full Dataset" produces effect sizes at least as large, and more extreme p values

The joint frailty model was *post hoc*

- Though all other models used were prespecified, with consistent results

Cannot formally comment on cost-effectiveness

- Likely cost-effective given large reduction in total events
- These data will provide critical information for cost-effectiveness analyses now underway

Conclusions

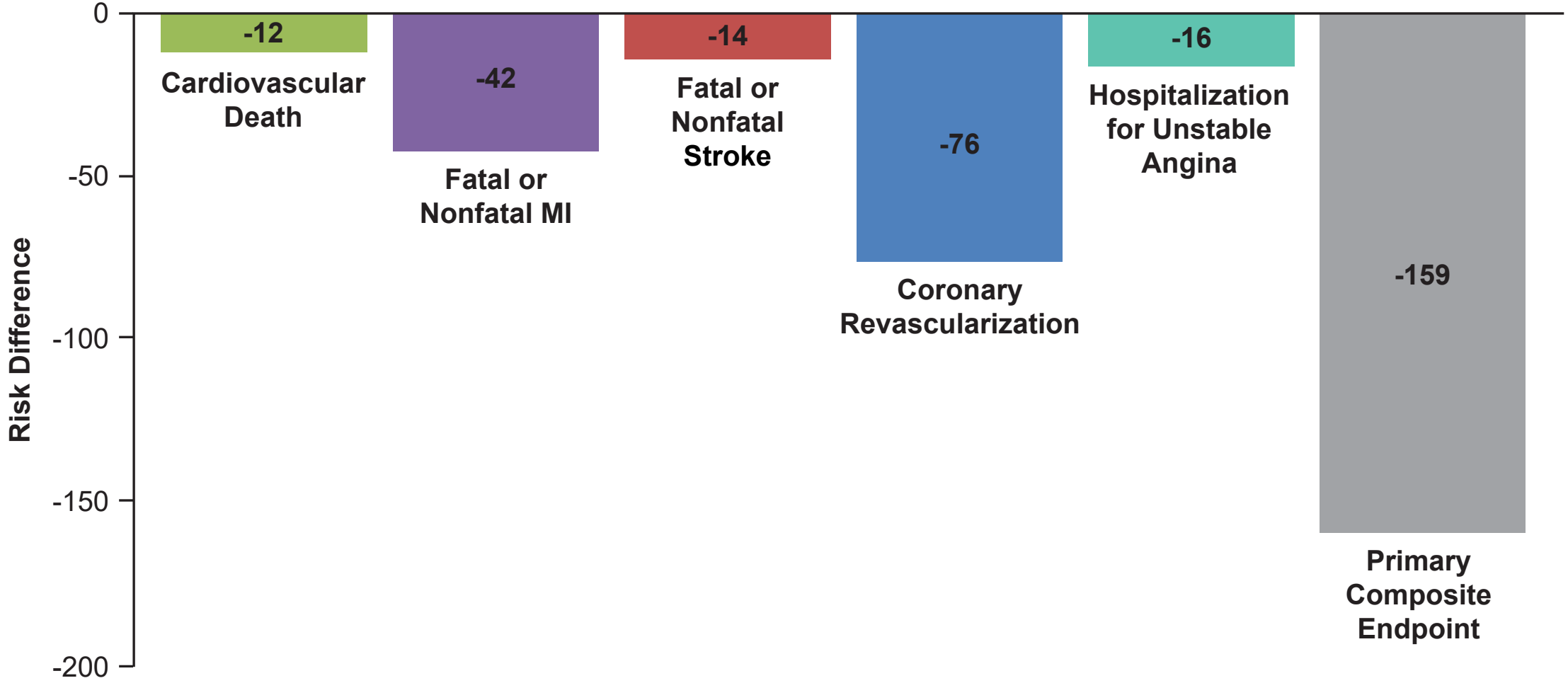
Compared with placebo, icosapent ethyl 4g/day significantly reduced total cardiovascular events by **30%**, including:

- **25%** reduction in first cardiovascular events
- **32%** reduction in second cardiovascular events
- **31%** reduction in third cardiovascular events
- **48%** reduction in fourth or more cardiovascular events

Analysis of first, recurrent, and total events demonstrates the large burden of ischemic events in statin-treated patients with baseline triglycerides > ~100 mg/dL and the potential role of icosapent ethyl in reducing this residual risk

Bhatt DL, Steg PG, Miller M, et al. *J Am Coll Cardiol*. 2019. Bhatt DL. ACC 2019, New Orleans.

For Every 1000 Patients Treated with Icosapent Ethyl for 5 Years:



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We thank the investigators, the study coordinators, and especially the 8,179 patients in REDUCE-IT!

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